

**DUM DUM MOTIJHEEL COLLEGE**  
**DEPARTMENT OF HUMAN DEVELOPMENT**

**B.A. Human Development (Hons)**

**CBCS Syllabus**

**Issued by the West Bengal State University**

**With effect from 2018-19**

**Programme Specific Outcomes**

- **Understanding Lifespan Development:**  
Gain a comprehensive understanding of human development across the lifespan, including physical, cognitive, and socio-emotional aspects.
- **Applying Developmental Theories:**  
Explore and apply various developmental theories to analyze and explain human growth and behaviour.
- **Cultural and Contextual Factors:**  
Examine the influence of cultural, societal, and environmental factors on human development.
- **Critical Thinking and Analysis:**  
Develop critical thinking skills to analyze and evaluate research findings, case studies, and real-world applications in the field of human development.
- **Ethical Considerations:**  
Understand and apply ethical considerations in researching and studying human development, considering issues of diversity, inclusion, and social justice.
- **Practical Application of Knowledge:**  
Apply theoretical knowledge to practical situations, considering implications for education, healthcare, counselling, and other relevant fields.
- **Communication Skills:**  
Enhance communication skills to effectively convey complex concepts related to human development to diverse audiences.
- **Self-awareness and Reflection:**  
Foster self-awareness and reflective practices, encouraging personal growth and understanding of one's own development.
- **Interdisciplinary Perspectives:**  
Explore interdisciplinary perspectives by integrating knowledge from psychology, sociology, biology, and other relevant disciplines to gain a holistic understanding of human development.
- **Research and Evaluation:**  
Develop basic research and evaluation skills to critically assess studies in the field of human development and contribute to the knowledge base.
- **Problem-Solving Skills:**  
Cultivate problem-solving skills to address challenges and issues related to human development in various contexts.

These outcomes aim to provide students with a solid foundation in the study of human development, preparing them to apply their knowledge in diverse professional settings and to contribute to the well-being and understanding of individuals and communities.

**DUM DUM MOTIJHEEL COLLEGE**  
**Course Outcome or Learning Outcome**  
**Three year B.A. /B.Sc. degree course**  
**Under CBCS semester system**  
**HONOURS COURSE IN HUMAN DEVELOPMENT**  
**With effect from the session: 2018 – 2019**

**Course Name:** Core Course-1  
**Course Code:** HMDACOR01T/01P  
**Topic Name:** INTRODUCTION TO HUMAN DEVELOPMENT

**Course Outcome:** The "Introduction to Human Development" course provides students with a broad overview of the field, introducing foundational concepts and theories in human development. Students will explore the life span perspective, theories of development, and the interaction of biological, cognitive, and socio-emotional factors. The curriculum serves as a foundational framework for more in-depth studies in specific developmental stages. Graduates will have a comprehensive understanding of the principles shaping human development, setting the stage for further exploration in specialized areas within the field.

**Course Name:** Core Course-2  
**Course Code:** HMDACOR02T/02P  
**Topic Name:** HUMAN DEVELOPMENT: CONCEPTION THROUGH EARLY CHILDHOOD

**Course Outcome:** The course on "Human Development: Conception Through Early Childhood" focuses on the foundational stages of human development. Students will explore prenatal development, infancy, and early childhood, addressing the physical, cognitive, and socio-emotional aspects of growth. The curriculum covers topics such as attachment, language development, and early learning experiences. Emphasis is placed on understanding the critical influences during these formative years. Graduates will be prepared to contribute to programs and initiatives that support optimal development during early childhood.

**Course Name:** Core Course-3  
**Course Code:** HMDACOR03T/03P  
**Topic Name:** HUMAN DEVELOPMENT: MIDDLE CHILDHOOD THROUGH OLDAGE

**Course Outcome:** The course on "Human Development: Middle Childhood through Old Age" offers students a comprehensive understanding of the developmental stages from middle childhood to old age. Students will explore the physical, cognitive, and socio-emotional aspects of development during these life phases. The curriculum covers topics such as identity formation, cognitive changes, and socio-emotional well-being. Emphasis is placed on understanding the unique challenges and opportunities associated with each stage. Graduates will be well-prepared to work in various fields, considering the diverse needs of individuals across different life stages.

**Course Name:** Core Course-4  
**Course Code:** HMDACOR04T/04P  
**Topic Name:** CAREANDEDUCATIONININFANCYANDCHILDHOOD

**Course Outcome:** The "Care and Education in Infancy and Childhood" course focuses on the early years of development, addressing the unique needs of infants and young children. Students will explore theories of early childhood development, best practices in caregiving, and educational strategies for this critical stage. The curriculum covers topics such as attachment theory, play-based learning, and the role of caregivers in fostering a supportive environment. Graduates will be prepared to contribute to the well-being and educational growth of infants and young children, whether in educational settings or community programs

**Course Name:** Core Course-5  
**Course Code:** HMDACOR05T/05P  
**Topic Name:** PSYCHOLOGICAL BASES OF HUMAN DEVELOPMENT

**Course Outcome:** The course on the "Psychological Bases of Human Development" explores the foundational psychological theories and principles influencing human development across the lifespan. Students will examine cognitive, emotional, and social aspects of development, considering diverse psychological perspectives. The curriculum emphasizes the integration of psychological concepts into understanding human behavior and the application of theories to real-life scenarios. Graduates will have a deepened understanding of the psychological underpinnings of human development, preparing them for roles in fields such as counseling, education, and social work.

**Course Name:** Core Course 6  
**Course Code:** HMDACOR06T/06P  
**Topic Name:** PSYCHOLOGICAL ASSESSMENT AND STATISTICS

**Course Outcome:** In the "Psychological Assessment and Statistics" course, students will gain proficiency in psychological assessment tools and statistical methods. The curriculum covers the principles of psychological testing, assessment techniques, and the application of statistical analyses in psychological research. Emphasis is placed on ethical considerations, interpretation of assessment results, and the use of statistics in evidence-based decision-making. Graduates will be well-equipped to conduct psychological assessments, analyze data, and contribute to research in the field of psychology.

**Course Name:** Core Course 7

**Course Code:** HMDACOR07T/07P

**Topic Name:** GUIDANCE AND COUNSELLING OF CHILDREN IN DISTRESS

**Course Outcome:** The "Guidance and Counselling of Children in Distress" course prepares students to address the psychological and emotional needs of children facing distressing situations. The curriculum covers counselling theories, intervention strategies, and ethical considerations. Students will develop skills in providing guidance and support to children experiencing trauma, grief, or challenging life circumstances. Graduates will be well-prepared to work in counselling roles, offering assistance to children in distress and contributing to their emotional well-being.

**Course Name:** Core Course 8

**Course Code:** HMDACOR08T/08P

**Topic Name:** MARRIAGE AND FAMILY REALTIONS

**Course Outcome:** In the "Marriage and Family Relations" course, students will explore the dynamics of marital and familial relationships. The curriculum covers theories of marriage, family structures, and the impact of cultural and societal factors on relationship dynamics. Emphasis is placed on communication, conflict resolution, and understanding diverse family systems. Graduates will be prepared to contribute to fostering healthy relationships, providing support to families, and addressing challenges within the context of marriage and family life.

**Course Name:** Core Course 9

**Course Code:** HMDACOR09T/09P

**Topic Name:** LEGISLATION AND POLICY ISSUES IN CHILD WELFARE

**Course Outcome:** The course on "Legislation and Policy Issues in Child Welfare" provides students with a comprehensive understanding of legal and policy frameworks governing the welfare of children. Students will explore child protection laws, adoption policies, and social services for vulnerable children. The curriculum emphasizes critical analysis of policies, ethical considerations, and strategies for effective advocacy. Graduates will be well-equipped to engage in policy development and implementation, ensuring the protection and well-being of children in diverse contexts.

**Course Name: Core Course 10**

**Course Code: HMDACOR10T/10P**

**Topic Name: LEGISLATION AND POLICY ISSUES IN FAMILY WELFARE**

**Course Outcome:** In the course on "Legislation and Policy Issues in Family Welfare," students will delve into the legal and policy frameworks shaping family welfare initiatives. The curriculum covers family-related legislation, healthcare policies, and social welfare programs. Students will analyze the impact of policies on family dynamics, reproductive health, and socio-economic well-being. Emphasis is placed on understanding the intersectionality of family welfare with broader social issues. Graduates will be prepared to critically evaluate and contribute to the development of policies that positively impact family welfare and societal well-being.

**Course Name: Core Course 11**

**Course Code: HMDACOR11T/11P**

**Topic Name: ORGANISATION AND MANAGEMENT OF EARLY CHILDHOOD EDUCATION CENTRES**

**Course Outcome:** In the "Organisation and Management of Early Childhood Education Centres" course, students will gain insights into the administrative aspects of early childhood education settings. The curriculum covers organizational structures, leadership principles, and effective management strategies for early childhood education centers. Students will explore aspects such as staffing, budgeting, and maintaining a safe and enriching learning environment. Emphasis is placed on understanding the regulatory frameworks and quality standards in early childhood education. Graduates will be well-equipped to take on leadership roles in the management and administration of early childhood education centers, ensuring optimal conditions for the growth and development of young children.

**Course Name: Core Course 12**

**Course Code: HMDACOR12T/12P**

**Topic Name: CURRICULUM FOR EARLY CHILDHOOD EDUCATION**

**Course Outcome:** The course on "Curriculum for Early Childhood Education" focuses on the design and implementation of effective educational programs for young children. Students will explore developmental theories, age-appropriate curriculum design, and pedagogical approaches that support early learning. The curriculum covers play-based learning, literacy and numeracy development, and the integration of technology in early childhood education. Emphasis is placed on creating inclusive and culturally responsive curricula that meet the diverse needs of young learners. Graduates will be prepared to contribute to the development of high-quality early childhood education programs, fostering positive learning experiences for young children.

**Course Name: Core Course 13**

**Course Code: HMDACOR13T/13P**

**Topic Name: THE CHILD WITH SPECIAL NEEDS**

**Course Outcome:** The course on "The Child with Special Needs" is designed to equip students with a comprehensive understanding of the development, education, and support of children with diverse abilities. Students will explore foundational concepts in special education, including early identification and intervention, individualized education plans (IEPs), and inclusive education practices. The curriculum emphasizes the importance of adapting curriculum and instruction, fostering positive parent-teacher relationships, and utilizing assistive technology. Graduates will be prepared to advocate for the rights of children with special needs, design inclusive learning environments, and contribute to creating a more accessible and supportive educational landscape.

**Course Name: Core Course 14**

**Course Code: HMDACOR14T/14P**

**Topic Name: PARENT AND COMMUNITY EDUCATION**

**Course Outcome:** In the Parent and Community Education course, students will gain the knowledge and skills necessary for effective engagement and collaboration with parents and communities in educational settings. The curriculum covers foundational communication skills, cultural competence, and strategies for fostering positive relationships with parents. Students will explore models of parent involvement, family literacy initiatives, and effective methods for conducting parent-teacher conferences. The course emphasizes the importance of community engagement, including outreach, advocacy, and the development of parent education programs. Graduates will be well-prepared to facilitate positive parent-teacher relationships, promote family involvement in education, and contribute to the creation of supportive educational environments within communities.

*Choose any two (theory, practical combined) from three options-HMDADSE01T, HMDADSE01P/ HMDADSE02T, HMDADSE02P/ HMDADSE03T, HMDADSE03P*

**Course Name:** Discipline Specific Elective

**Course Code:** HMDADSE01T/01P

**Topic Name:** GENDER MEDIA AND SOCIETY

**Course Outcome:** The "Gender, Media, and Society" course is designed to critically examine the complex relationships between gender, media representations, and societal norms. Students will explore theoretical foundations, historical perspectives, and the influence of media on shaping gender roles. The curriculum covers media analysis, representation of women and men, and emerging trends in gender and media. Emphasis is placed on understanding the intersectionality of gender with other social categories and the role of media in both reinforcing and challenging societal norms. Graduates will be equipped to engage in media literacy, advocate for gender equality, and contribute to positive changes in media representation.

**Course Name:** Discipline Specific Elective

**Course Code:** HMDADSE02T/02P

**Topic Name:** CHILDHOOD IN INDIA

**Course Outcome:** The course on "Childhood in India" provides students with a nuanced understanding of the various dimensions of childhood within the Indian context. Students will explore socio-cultural perspectives, historical contexts, and diverse childhood experiences in India. The curriculum covers child rights, education, health, and issues such as child labor and migration. Students will analyze the impact of cultural and economic factors on childhood in India and explore advocacy strategies for improving the well-being of children. Graduates will be prepared to contribute to informed discussions, policies, and interventions aimed at promoting the rights and welfare of children in the Indian context.

**Course Name:** Discipline Specific Elective

**Course Code:** HMDADSE03T/03P

**Topic Name:** ELEMENTS OF RURAL ECONOMICS AND RURAL SOCIOLOGY

**Course Outcome:** In the course on "Elements of Rural Economics and Rural Sociology," students will delve into the economic and sociological dimensions of rural communities. The curriculum covers agricultural economics, rural livelihoods, and natural resource management. Students will explore the social structures of rural communities, addressing issues such as education, health, and gender dynamics. Emphasis is placed on understanding the economic aspects of rural life, including infrastructure development, finance, and government policies. Graduates will be equipped to contribute to sustainable rural development, address socio-economic disparities, and engage with the unique challenges and opportunities present in rural settings.

**Course Name:** Discipline Specific Elective

**Course Code:** HMDADSE04T/04P

**Topic Name:** GENDER AND SOCIAL JUSTICE

**Course Outcome:** The Gender and Social Justice course is designed to deepen students' understanding of the intersections between gender and broader social justice issues. Students will explore historical perspectives, feminist theories, and global dimensions of gender injustice. The curriculum emphasizes the importance of intersectionality, examining how gender interacts with other social categories such as race, class, and sexuality. Students will delve into legal frameworks, violence against women, economic disparities, and LGBTQ+ rights. The course aims to empower students to critically analyze and address gender-based discrimination, fostering an awareness of cultural competence and ethical considerations in promoting social justice. Graduates will be prepared to contribute to positive social change, advocate for equality, and work towards creating more just and inclusive societies.

**Course Name:** Discipline Specific Elective

**Course Code:** HMDADSE05T/05P

**Topic Name:** DYNAMICS OF COMMUNICATION AND EXTENSION

**Course Outcome:** The course in Dynamics of Communication and Extension aims to equip students with a comprehensive understanding of effective communication strategies within the context of extension services and community outreach. Students will explore various communication models, interpersonal skills, and group facilitation techniques essential for building positive relationships with diverse communities. The curriculum emphasizes the use of technology and media in outreach efforts and includes training in conflict resolution and negotiation. Students will develop the ability to assess community needs, plan communication strategies, and evaluate the impact of extension programs, preparing them for roles where effective communication is crucial for successful community engagement and development initiatives.



**Course Name:** Discipline Specific Elective

**Course Code:** HMDADSE06T/06P

**Topic Name:** HOME SCIENCE AND EXTENSION EDUCATION

**Course Outcome:** The course on Home Science and Extension Education aims to equip students with a comprehensive understanding of home science principles and effective extension education strategies. Students will delve into the multidisciplinary nature of home science, exploring nutrition and health promotion, family and human development, textile and apparel sciences, and resource management. The curriculum emphasizes the application of knowledge in designing community-based programs that address specific needs related to nutrition, textiles, and family well-being. Additionally, students will develop skills in extension education methods, communication, and counseling, enabling them to engage with individuals and communities effectively. Entrepreneurial aspects of home science, sustainable living practices, and the integration of technology in education are also highlighted. The course places a strong emphasis on community needs assessment, advocacy for family and community well-being, and the evaluation of program impact, preparing students for roles in community development, education, and entrepreneurship where expertise in home science and extension education is essential for fostering positive change within communities.

**Course Name:** Skill Enhancement Course

**Course Code:** HMDSSEC01M

**Topic Name:** ADOLESCENT DEVELOPMENT AND CHALLENGES

**Course Outcome:** The course on "Adolescent Development and Challenges" focuses on the unique developmental stage of adolescence. Students will explore physical, cognitive, and socio-emotional aspects of adolescent growth, coupled with the challenges commonly faced during this period. The curriculum addresses issues such as identity formation, peer relationships, and risk behaviors. Emphasis is placed on understanding diverse cultural perspectives and implementing strategies for positive youth development. Graduates will be equipped to support adolescents through their challenges and contribute to programs promoting their overall well-being.

**Course Name:** Skill Enhancement Course

**Course Code:** HMDSSEC02M

**Topic Name:** CHILD RIGHTS AND SOCIAL ACTION

**Course Outcome:** The course on "Child Rights and Social Action" is designed to empower students with a deep understanding of the rights of children and the social action needed to protect and promote these rights. Students will explore international conventions and legal frameworks related to child rights, coupled with strategies for social advocacy and mobilization. The curriculum emphasizes the importance of social awareness, ethical considerations, and the role of individuals and communities in advocating for the well-being of children. Graduates will be equipped to actively engage in social action initiatives, contributing to the creation of environments that nurture and safeguard the rights of children.

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**Course Outcome or Learning Outcome**  
**Three year B.A. /B.Sc. degree course**  
**Under CBCS semester system**  
**GENERAL COURSE IN HUMAN DEVELOPMENT**  
**With effect from the session: 2018 – 2019**

**Course Code:** HMDGCOR01T/01P & HMDHGEC01T/01P

**Topic Name:** INTRODUCTION TO HUMAN DEVELOPMENT

**Course Outcome:** The "Introduction to Human Development" course provides students with a broad overview of the field, introducing foundational concepts and theories in human development. Students will explore the lifespan perspective, theories of development, and the interaction of biological, cognitive, and socio-emotional factors. The curriculum serves as a foundational framework for more in-depth studies in specific developmental stages. Graduates will have a comprehensive understanding of the principles shaping human development, setting the stage for further exploration in specialized areas within the field.

**Course Code:** HMDGCOR02T/02P & HMDHGEC02T/02P

**Topic Name:** MARRIAGE AND FAMILY RELATIONS

**Course Outcome:** In the "Marriage and Family Relations" course, students will explore the dynamics of marital and familial relationships. The curriculum covers theories of marriage, family structures, and the impact of cultural and societal factors on relationship dynamics. Emphasis is placed on communication, conflict resolution, and understanding diverse family systems. Graduates will be prepared to contribute to fostering healthy relationships, providing support to families, and addressing challenges within the context of marriage and family life.

**Course Code:** HMDGCOR03T/03P & HMDHGEC03T/03P

**Topic Name:** MARRIAGE AND FAMILY RELATIONS

**Course Outcome:** The course on the "Psychological Bases of Human Development" explores the foundational psychological theories and principles influencing human development across the lifespan. Students will examine cognitive, emotional, and social aspects of development, considering diverse psychological perspectives. The curriculum emphasizes the integration of psychological concepts into understanding human behavior and the application of theories to real-life scenarios. Graduates will have a deepened understanding of the psychological underpinnings of human development, preparing them for roles in fields such as counseling, education, and social work.

**Course Code:** HMDGCOR04T/04P & HMDHGEC04T/04P

**Topic Name:** CHILDHOOD PROBLEMS AND WELFARE

**Course Outcome:** The course on "Childhood Problems and Welfare" is designed to equip students with a comprehensive understanding of the various challenges and issues affecting children. Students will explore the identification and intervention strategies for problems such as abuse, neglect, and behavioral disorders. The curriculum emphasizes the role of welfare programs, community resources, and legal frameworks in safeguarding the well-being of children. Graduates will be prepared to contribute to initiatives promoting the welfare of children and advocating for the prevention and intervention of childhood problems.

**Course Code:** HMDGDSE01T/01P

**Topic Name:** CHILDREN WITH DISABILITIES

**Course Outcome:** The "Children with Disabilities" course focuses on the unique needs and challenges faced by children with diverse abilities. Students will explore the principles of inclusive education, individualized support plans, and assistive technologies. The curriculum addresses the social, emotional, and educational aspects of children with disabilities, fostering an understanding of diversity and inclusion. Emphasis is placed on collaborative approaches involving families, educators, and community services. Graduates will be well-prepared to work in roles that support and advocate for the inclusion and well-being of children with disabilities.

**Course Code:** HMDGDSE02T/02P

**Topic Name:** CHILD RIGHTS AND GENDER EMPOWERMENT

**Course Outcome:** The course on "Child Rights and Gender Empowerment" integrates the principles of child rights with a focus on gender equality. Students will explore legal frameworks, international conventions, and advocacy strategies aimed at promoting the rights of children, with a specific emphasis on gender empowerment. The curriculum addresses issues such as education, health, and protection within the context of gender-sensitive approaches. Graduates will be prepared to actively contribute to initiatives fostering gender equality, advocating for the rights of children, and creating environments that empower children, irrespective of gender.

**Course Code:** HMDGDSE03T/03P

**Topic Name:** LIFE SPAN DEVELOPMENT I

**Course Outcome:** The "Life Span Development 1" course offers an in-depth exploration of human development from infancy to adolescence. Students will examine physical, cognitive, and socio-emotional aspects of growth during the early stages of the lifespan. The curriculum covers key theories and research findings, emphasizing the interplay of genetics, environment, and cultural influences on development. Graduates will have a foundational understanding of the factors shaping human development in the early years, informing their work in various fields such as education, counseling, and social services.

**Course Code:** HMDGDSE04T/04P

**Topic Name:** LIFE SPAN DEVELOPMENT II

**Course Outcome:** Building upon the foundational concepts introduced in Life Span Development 1, the "Life Span Development 2" course extends the exploration of human development from young adulthood through late adulthood. Students will delve into theories and research related to cognitive aging, socio-emotional changes, and the impact of cultural and societal factors on development. The curriculum addresses challenges and opportunities across different life stages, fostering a holistic understanding of the aging process. Graduates will be well-equipped to apply this knowledge in roles involving counseling, gerontology, and community services.

**Course Name:** GENERIC ELECTIVES

**Course Code:** HMDGGEC03T/03P

**Topic Name:** PREVIEW TO HUMAN DEVELOPMENT-I

**Course Outcome:** The "Preview to Human Development - 1" serves as an introductory exploration into the fundamental principles and theories that shape human development. Students will engage with key concepts, theories, and research findings spanning the lifespan from conception to adolescence. The curriculum provides a broad overview, setting the stage for more in-depth studies in subsequent courses. Graduates will have a foundational understanding of the multifaceted nature of human development, serving as a solid basis for further specialization in specific developmental stages.

**Course Name:** GENERIC ELECTIVES

**Course Code:** HMDGGEC04T/04P

**Topic Name:** PREVIEW TO MARRIAGE AND FAMILY RELATIONS-I

**Course Outcome:** The "Preview to Marriage and Family Relations-1" course introduces students to foundational concepts and theories that underpin the dynamics of marriage and family life. Students will explore topics such as family structures, communication patterns, and societal influences on relationships. The curriculum lays the groundwork for further exploration of marriage and family relations in subsequent courses, providing a broad understanding of the factors shaping family dynamics.

**Course Name:** GENERIC ELECTIVES

**Course Code:** HMDGGEC05T/05P

**Topic Name:** PREVIEW TO HUMAN DEVELOPMENT-II

**Course Outcome:** In continuation of the foundational exploration in "Preview to Human Development - 1," the second part of the course offers an overview of human development in the later stages of the lifespan. Students will delve into theories and research spanning young adulthood through late adulthood, addressing cognitive, socio-emotional, and physical aspects of development. The curriculum provides a comprehensive preview, preparing students for more detailed studies in subsequent courses and applications in various professional contexts.

**Course Name:** GENERIC ELECTIVES

**Course Code:** HMDGGEC06T/06P

**Topic Name:** PREVIEW TO MARRIAGE AND FAMILY RELATIONS-II

**Course Outcome:** Building on the foundational concepts introduced in the first part of the course, "Preview to Marriage and Family Relations-2" delves deeper into the complexities of marital and familial relationships. Students will explore issues such as conflict resolution, cultural influences on family life, and contemporary challenges faced by families. The curriculum provides an in-depth preview, preparing students for more advanced studies and practical applications in the realm of marriage and family relations.